

## **Michigan Healthy Weight Partnership (HWP)**

### **Introduction to the Partnership**

#### **What is the Michigan Healthy Weight Partnership?**

The Michigan Healthy Weight Partnership was established to oversee the implementation and evaluation of the *Michigan Healthy Eating and Physical Activity Plan: A Five Year Plan to Address the Epidemic of Obesity*. Members include state, local, public and private organizations who assisted with the creation of the state plan and/or whose organizations are actively engaged in completing activities consistent with the plan's objectives. The purpose of the partnership is to facilitate effective collaboration to halt and reverse the obesity epidemic in Michigan. The goal is to prevent and control obesity and other chronic diseases through healthful eating and physical activity.

The Michigan Healthy Weight Partnership is a state-wide partnership that is facilitated by the Michigan Nutrition, Physical Activity, and Obesity Prevention (NPAO) Program at the Michigan Department of Community Health (MDCH) through funding from the Centers for Disease Control and Prevention (CDC) Division of Nutrition, Physical Activity and Obesity (DNPAO).

#### **What are the Michigan Nutrition, Physical Activity, and Obesity Prevention (NPAO) Program objectives?**

- Increase the number of policies and standards in place to support physical activity and healthful eating
- Increase access to and use of environments to support healthful eating and physical activity
- Increase the number of social and behavioral approaches that complement policy and environmental strategies to promote healthful eating and physical activity

#### **What are the responsibilities of the partnership?**

- Account for activities already being conducted in Michigan that support the objectives in the 2005 *Michigan Healthy Eating and Physical Activity Plan: A Five-Year Plan to Address the Epidemic of Obesity*.
- Implement and report on new activities that support the plan and the missions of the partner organizations.
- Contribute to increasing the diversity of the partnership through recruitment and maintenance of key partners, sharing of resources, and formation of strategies to implement state plan objectives in ways that address health disparities.
- Identify ways to coordinate activities of partner organizations for the most efficient use of current limited resources.
- Leverage support and resources for completing the state plan objectives.

- Identify new opportunities to address challenges that people are facing in achieving healthy weight.

## **Participating Organizations**

- Ann Arbor Public Schools
- Arab Community Center for Economic and Social Services
- American Cancer Society Great Lakes Division, Inc
- Allegiance Health
- American Heart Association Midwest Affiliate
- Beaumont Hospital
- Foote Hospital
- Holtyn & Associates
- League of Michigan Bicyclists
- Local Public Health Departments:
  - Detroit Health Department
  - District Health Department #10
  - Washtenaw County Public Health Department
- Michigan Breastfeeding Network
- Michigan Academy of Family Physicians Assistants
- Michigan Academy of Family Practice
- Michigan Department of Community Health:
  - Arthritis Program
  - Cancer Section
  - Cardiovascular Health - Nutrition and Physical Activity Section
  - Genomics
  - Diabetes Program
  - Primary Care Initiative
  - Office of Services to the Aging
  - Women Infants and Children
- Michigan Department of Education, Coordinated School Health & Safety
- Michigan Diabetes Outreach Network Prevention Group
- Michigan Fitness Foundation, Governor's Council on Physical Fitness, Health & Sports
- Michigan Health and Hospital Association
- Michigan Parent, Teacher and Student Association
- Michigan Primary Care Association
- Michigan Public Health Institute
- Michigan Action for Healthy Kids
- Michigan Nurses Association
- Michigan State University
  - Department of Food Science and Human Nutrition
  - C. S. Mott Group for Sustainable Food Systems
  - Michigan State University Extension
- Michigan Steps Up

- Mixed Greens
- National Kidney Foundation of Michigan
- Northpointe Health Center, Pediatric Weight Management Program
- Promoting Healthy Eating in Detroit
- Providence Hospital & St. John Health
- REACH Detroit Partnership
- Sparrow Health System: Health and Wellness
- Spectrum Health
- University of Michigan:
  - Community Health Services
  - M-Fit
  - School of Public Health
  - Medical School Administration
  - Multi-cultural Health Program
  - Pediatric Comprehensive Weight Management Center

**For More Information:**

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